

9 years. His amazing acceptance and positive attitude inspire his family, friends, the medical community, and everyone who meets him.

Another \$700 was raised by Josh's nephew Gordie who donated it to the *COPS for Cancer* ride in Chilliwack so in total these three raised



\$1400 – a very substantial donation.

In 2008 *COPS for Cancer* rides generated over 3 million

Donna Kneller presented the group with the some of the donations, \$320.47 from the school, \$287.75 from the community.

dollars in BC for the Cancer Society and over \$650,000 alone from the Tour de Valley.

This was impressive enough but then Pat Davison presented them with a donation of \$700 raised by Josh and Jaspaul Atti and Josh's nephew Gordie. The Atti's raised this money by **walking** from Boston Bar to Chilliwack wearing signs about the *COPS for Cancer* ride and collecting money as they went. \$700 seems pretty spectacular but that is not all.

After their lunch the rested and refreshed riders had to climb back on their bicycles and head back to Hope and apparently, it doesn't matter in which direction you ride, it is gruelling but definitely worth the effort.

For more information on the Canadian Cancer Society's *Cops for Cancer* events go to their website at www.cancer.ca and click on Cops for Cancer.

Boston Bar/North Bend UPDATE

Published twice monthly by Gail Paquette and the Boston Bar /North Bend Enhancement Society. A pdf of UPDATE is online at www.travelthecanyon.com

Editor: Gail Paquette 604-867-9387 email gailp@lookieloo.net
Executive Committee: BB/NB Enhancement Society Executive.

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**BOSTON
BAR**

**NORTH
BEND**

UPDATE

Vol. 1 Issue 2

October 1, 2009

Cops for Cancer 2009 Tour de Valley a big hit in Boston Bar



27 hot and exhausted Tour de Valley riders rode into the grounds at the Boston Bar School at about 12:30 pm on Sunday, September 27th. They were greeted by a host of local residents who provided a fabulous lunch of appetizers, sandwiches, yummy desserts and much needed iced water and coffee.

Accompanying the riders



was Brandon Radnai an outstanding cancer survivor who has been cancer free for

...Continued to page 8

You may download the current issue of UPDATE in colour from www.travelthecanyon.com or email the electronic version to anyone who is interested

Fraser Canyon Market

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OCTOBER 2009

SUNDAY

Zoo Art Gallery 12-5

MONDAY

Better Beginnings, Drop In & Lunch FP10am—1pm

TUESDAY

Thrift Shop, Museum, Drop In & Wellness Centre 11-4
Meditation 4-5 pm NB Hall

WEDNESDAY

Health clinic Open - nurse practitioner on duty

THURSDAY

FRIDAY

Zoo Art Gallery 12-5

SATURDAY

Thrift Shop, Museum, Drop In & Wellness Centre 11-4

<p>Note: phone 604-867-CL = Canyon Lanes 8800 FP = Family Place 9204 NBCP= NB Community Place 9163 (the old school) 9163</p>				1	<p>2 Shuttle bus to Hope. Leaves Canyon Lanes promptly at 10:30 - make a reservation - 8800</p>	3
<p>4 Wrap Up Afternoon Party & Meeting for Community Garden 2 - 4 pm NBCP</p>	5	<p>Drop In at FP 10-2 Comm. Conversation 10am—2 pm Anderson Creek Good Food Box pickup Meditation session - open to all 4-5pm NB Hall (beside pool)</p>	<p>7 Fire Safety Presentation at FP 10:30—11:30 FREE LUNCH at FP 11:30-1 Roast Pork buns & salad Strong Start—with Mrs. Grimm</p>	8	9	<p>10 Celebration of Life for Frances Clark at Boston Bar Hall 1:00 pm</p>
<p>11</p>	<p>12 Thanksgiving Day FP closed The Fun Bunch is not meeting today.</p>	<p>13 Drop In at FP 10-2 Meditation session - open to all 4-5pm NB Hall (beside pool)</p>	<p>14 Drop In at FP 10-11:30 FREE LUNCH at FP 11:30-1 Soup & Grilled Cheese Strong Start—with Mrs. Grimm</p>	<p>15 Food Bank Day -1-3 at CL</p>	16	17
<p>18</p>	<p>19 Visit from Lana BBNBES meeting 2pm at CL BBNBBA meeting 4pm at CL</p>	<p>20 Drop In at FP 10-2 Meditation session - open to all 4-5pm NB Hall (beside pool)</p>	<p>21 Drop In at FP 10-11:30 Visit from Health Nurse FREE LUNCH at FP 11:30-1 Stuffed Peppers Strong Start—with Mrs. Grimm</p>	22	23	24
<p>25</p>	<p>26 Anderson Creek Health Day - more info coming Fun Bunch 2 pm FP Mom's Time Out—6pm at FP—jewellery making</p>	<p>27 Drop In at FP 10-2 Meditation session - open to all 4-5pm NB Hall (beside pool)</p>	<p>28 Halloween Party at BB Hall 10:30—1 pm Free Hot Dog Lunch for All Strong Start—with Mrs. Grimm</p>	29	<p>30 Shuttle bus to Hope. Leaves Canyon Lanes promptly at 10:30 - make a reservation - 8800</p>	31

Community Meeting Sept. 17

The September community meeting drew a full house as it is apparent this community was very concerned about issues regarding building permits and inspections.

After a good discussion and the information that we have been paying \$65,000 a year for this service over and above the amount that is collected for fees and inspections, the community decided, almost unanimously, to notify the Regional District that we are choosing to

opt out of this service. At some point in the distant past the community decided to opt in to building inspections and we were all pleased to learn that we have the authority to opt out. This does not mean that construction does not have to meet provincial standards and things like electrical, plumbing, gas fitting and septic systems will still need the appropriate approvals. It does mean that arbitrary and unfathomable decisions by the Re-

gional District will be a thing of the past. It is hoped that we all will realize that it is to our advantage to build to code and that when we wish to sell our properties it can be to our financial detriment if we don't. But it is not advantageous to our community to put enormous roadblocks in the way of people who are willing to live here, spend their money here and build businesses here. We need to hang together on this one.

CANYON LANES

Community Recreation Centre
47585 Trans-Canada Hwy Box
220 Boston Bar, BC V0K 1C0

- ◆ Bowling
- ◆ Sears Catalogue pick-up,
- ◆ Video rentals,
- ◆ Meeting room
- ◆ Pool tables
- ◆ Greyhound Depot
- ◆ Photocopies

YOUR LOCAL WATER STORE

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Jeff Bodnar thrills the crowd

The audience was thrilled by the great performance put on by Jeff Bodnar at *Elvis Rocks the Canyon Café* on Saturday, September 26th.

The last artist of the season, there was no doubt that Bodnar was also one of the best. He has a nice easy style, has fun with the audience and a great voice to sing those signature Elvis tunes.

After a very enjoyable turkey dinner buffet the guests found their seats and settled in to enjoy two hours of great entertainment and all of this only a few minutes from home. Dinner and a show at a great price. What is not to love!



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Trans Canada Hwy
in Boston Bar

A heartfelt thank you!

Lloyd (Red) Peterson and his family would like to express their deep thanks and appreciation to all who helped make the day they had to say good-bye to their wife and mother just a little bit easier to get through.

There are so many to thank that we cannot name them all. The people who helped set up the hall and clean up afterwards, the ones that ran the kitchen and also all the women who baked the wonderful desserts. And of course we want to thank all of you who came out to join us in saying good-bye to an amazing woman, all the cards and flowers were greatly appreciated as well. It was a real blessing to see how much she was loved by all who knew her. She will truly be missed.

Very gratefully, *Lloyd (Red) Peterson & Family*

League high scores week ending 20/09/09

	High Singles			
	Ladies		Men	
Sun.	Kelly Conn	203	Soup Campbell	320
Mon.	Cheryl Davidson	154	Soup Campbell	239
Wed.	Pat Conway	204		
Club 55	Cora Dunlop	250	Gordon Paquette	197
YBC	Girls		Boys	
Seniors	Hollie Forman	163	Tyler Andrews	225
Juniors	Ryleigh Campbell	173	Nick Clelland	208
Bantams			Tony Baek	129
Jets			Kenny Charlie	62
Smurfs	Aeja Charlie	60	Harvard Jung	69

Margaret Frances Clark

June 5, 1932 to September 12, 2009

Fran passed away peacefully in Fort Nelson where she had resided for the last few years. She married Harry Fife after graduating as a psychiatric nurse and they had 4 children, Derrick (Louise), Geordie (Coral), Ian (Roxanne) and Dallayce. She nursed in Vancouver General, Woodlands, Como Lake Lodge, Dogwood Lodge and administered at Canada Way.

In 1978 Fran moved to Boston Bar, B.C. and married John Clark, and gained 6 more children, Jan, Steve (Sandy), Colleen (John) Graham, Annette (Mitch) and Shaun. In the beginning Fran worked as first aid attendant in the mill and on the local ambulance. She was a fabulous cook and with such a large family every meal

was like running a restaurant, so that is what she did. The Tunnels, Hells Gate, The Charles Hotel, Fraser Acres, and finally the Green Canyon. Fran's passion though was hockey and as she always said, she has been watching the Canucks before they were even called that. Fran was also wonderful with children and that was a good thing as she had 25 grandchildren and 16 great grandkids. And every single one of them were important and special. Fran was a very graceful and classy lady. She has left a large void in a lot of lives, but now is reunited with her family that she loved and lost too early.

There will be a celebration of her life at the Boston Bar Community Hall Saturday Oct 10, 2009 at 1 pm. Donations may be made to the *Children's Wish Foundation* in her memory.

Elvis Rocks the Canyon

604-867-9260

Great food in the heart of the Fraser Canyon just south of Hell's Gate.

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DAILY SPECIALS

Hours:

Saturday and Sunday: 12:00 - 8:00 pm
Monday - Friday: 12:00 - 8:30 pm

We are online at www.travelthecanyon.com The online issue is a pdf file, in colour that you may feel free to download and email to anyone interested in what's happening in our neck of the woods.

Food Bank News

Most of you already know **Sheila Bowles** from the Food Bank – Sheila has generously agreed to help me out by organizing and running the monthly program. Sheila's phone number is: 604-867-9589. Please let Sheila know if you have made alternative arrangements for pick up of your hamper.

Some additional changes are:

We will no longer phone you and remind you to pick up your hamper, Food

Bank day is posted in our Community Calendar and Food Bank Day Calendars were issued to recipients.

Canyon Lanes generously allows us to use their facilities – but their staff are not food bank volunteers so if you need emergency help then please call Sheila 9589. An emergency does not mean that you forgot to pick up your hamper.

Donations are appreciated and can be dropped off at Canyon Lanes.

Thank you. **Nancy Carmichael**

CALL FOR PHOTOGRAPHS

It is that time again when we start looking for a good local landscape photograph to highlight our Community Spirit Calendar. Please submit your photos to Shirley Crow at Canyon Lanes and order your 2010 calendar at the same time.

How to use the Food Bank

Applications for the food bank can be picked up at **Canyon Lanes, the Post Office, Boothroyd Band Office and at the Anderson Creek Health Clinic.**

To apply for food bank services you WILL need: ID with your current address for yourself and dependents (If you are a new-comer then we will accept the word of a neighbour or someone who can vouch that you are indeed a resident of our area) until you obtain your new ID with the correct updated information.

You will need to provide the birthdate of yourself and depend-

ents and all sources of income in your household and the amounts.

Once your application is in – it is good for 6 months unless you tell us otherwise. Please let us know if you are moving or do not need the food bank.

Food bank day is **always** the Thursday before cheque day. You **must** have your application handed in by the previous Friday before Food Bank Day.

It is up to you to pick up your hamper or make arrangements (let us know – we will not give your hamper out without your permission) to have

it picked up at **CANYON LANES – BACK DOOR BETWEEN 1PM & 3PM on Food Bank Day.**

If you do not pick it up then we will assume that you no longer need the food bank services and will void your application. **We will no longer be phoning you to remind to pick up your hamper.**

The food bank is a local service that is provided to you by the **Boston Bar North Bend Enhancement Society** in conjunction with Hope Community Services. It is completely staffed by volunteers so your co-operation is greatly appreciated.

This publication is sent directly to your mail box twice a month by the support of our advertisers. Without them we would not be able to offer this service to you, so, please support these local businesses as they are supporting us.

Thank you, Gail Paquette and the Boston Bar/North Bend Enhancement Society.

The Zoo Art Gallery

Featuring 11 local artists

50450 Trans Canada Hwy
Boston Bar, BC, V0K 1C0

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Janet: (604) 867-8815

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COMING EVENTS

OCTOBER 2

- ◆ Shuttle bus to Hope - phone ahead for reservations.

OCTOBER 4

- ◆ Community Garden wind-up meeting and appy potluck. Main course provided, NBCP-2-4 pm

October 6

- ◆ Comm. Conversation meeting and lunch at Anderson Creek Health Centre 10 am- 2 pm

October 10

- ◆ Celebration of Life for Margaret Frances Clark - 1 pm BB Hall

Weekly Programs

- ◆ **FREE LUNCH PROGRAM**
Wednesdays
11:30 am - 1 pm
Family Place

- ◆ **ALCOHOLICS ANONYMOUS**
call Mike 604-867-9114

New Tuesday Hours at Family Place

Family Place will now be open until 2 pm on Tuesdays so the parents attending Strong Start can pop in afterwards for a snack and activity.

Please notify Gail at 9387 or gailp@lookieloo.net of any public service announcements or events.

CLASSIFIEDS

All phone numbers start with 604-867 unless otherwise listed.

To place a classified ad call Gail at 9387 or email gailp@lookieloo.net. Rates are \$3 for the two line ad for the month (2 editions and \$5 for a 4 line ad for the month. Please leave a contact number where Gail can reach you.

Metal Bunk Beds - black - 2 singles no mattress \$75 obo Karen @ 604-863-2452

Captain's bed - black - 3 drawers under \$50 obo call Karen @604-863-2452

Lexmark all-in-one printer, scanner, photocopier with card making & photo software - never used \$50 -9145

'93 Merc Villager w/94 rebuilt eng. & tranny, new tires (\$600), new muffler (\$400) well maintained. \$2,000 obo phone -9151 - will take payments

Looking for gifts - the Thrift Shoppe has a good

selection - call 9163 Tues & Sat.

AVON - Pat Clelland -8800 (Canyon Lanes) or -9004 (home) patcll@hotmail.com



ASSOCIATE DEALER

MANAGER: CATHERINE HARRY
ASSISTANT MANAGER: IAN HARRY

Bus: 604-867-9614

TF: 866-411-9614

Fax: 604-867-9774

EMAIL: Cath-

Box 386

48075 Trans Canada Hwy

BOSTON BAR, BC V0K 1C0